

SCIENTIFIC PROGRAM

Day-I

Friday 3rd August 2018

2:00pm to 5:00pm

HALL – A

Plenary Lecture by Prof. Al-Fareed Zafar (15 Minutes) Topic			2:15pm – 2:30pm
Panel Discussion (Violence Against Women)			2:30Pm - 3:30Pm
Panelists: Prof. Farrukh Zaman, Prof. Shehnaz Baloch Prof. Shabnum Asim, Prof. Tayyaba Waseem Dr. Nighat Shah		Moderator: Prof. Rubina Sohail Dr samina tareen	
FAMILY PLANNING			3:30pm - 4:30pm
Chairperson: Prof. Aftab Munir Prof. Lubna Hassan Prof. Naila Ehsan Prof. Roshan Ara		Moderator: Dr. Rehana Kamal Dr. Afshan Mushtaq	
Speaker	Topic	Duration	
1) Prof. Arshad Chohan	Population growth - why are we failing to control	07 Minutes	
2) Prof. Dr. Sadiah Ahsan Pal	Family Planning Practice Survey of Service Providers' Knowledge & Practice in Pakistan	07 Minutes	
3) Prof. Dr. Nusrat Shah	Scaling up family planning in Pakistan	07 Minutes	
4) Prof. Dr. Sadiah Ahsan Pal	Evidence based WHO Standards for contraception	07 Minutes	
5) Dr. Nighat Shah	Health Care provider and Contraception practices in family planning	07 Minutes	
6) Dr. Aleya Ali	Integrating Postpartum Family Planning with Health Care Services – Lessons Learnt	07 Minutes	
7) Prof. Amtullah Zareen	Sub Dermal Implanon	07 Minutes	
8) Dr. Kalsoom Alam	Knowledge of Contraceptive Methods among Married Women Attending Tertiary Care Hospital	07 Minutes	
REPRODUCTIVE ENDOCRINOLOGY			4:30pm – 5:00pm
Chairperson: Prof. Razia korejo Dr. Azra Ahsan Prof. Shagufta Tah Prof Naila israr		Moderator: Dr. Saima Zubair Dr. momi gul	
Speaker	Topic	Duration	
1) Brig. Memoona Mushtaq	PCO and Myoinositol	08 Minutes	
2) Prof. Dr. Shabnam Asim	PCO the Talk of Town What New	08 Minutes	
3) Dr. Areeba Saqib	ART- Present and Future	08 Minutes	
4) Dr. Kausar Masoom & Prof. Nasira Tasnim	comparison of efficacy of vitex agnus castusovitex and bromocriptine in the management of hyperprolactinemia	08 Minutes	
Inaugural Dinner on Friday, 8:00Pm At Quetta Club, Quetta Cantt.			

SCIENTIFIC PROGRAM

Day-I

Friday 3rd August 2018

2:00pm to 5:00pm

Registration at SOGP Desk		02:00pm – 2:15pm
HALL – B		
Plenary Lecture by Prof. Al-Fareed Zafar		2:15pm – 2:30pm
Panel Discussion (Violence Against Women) "All will attend in Hall-A"		2:30Pm - 3:30Pm
FREE PAPERS		3:30pm - 4:30pm
<u>Chairperson:</u> Prof. Zohra Khanum Prof. Rafia Gohar Ali Baloch Dr. Azra Jamil Prof. Farrukh Naheed Prof. Najma Ghaffar		<u>Moderator:</u> Asso. Prof. Dr. Sumera Hamza Asso. Prof. Dr. Rohana Salam
Speaker	Topic	Duration
1) Dr. Fouziah Baloch	Maternal Mortality in District Kech	08 Minutes
2) Dr. Sarah Fatima	Comparison of The Mean Time Duration Of Cervical Dilatation Of Laboring Patients In Primigravidae Women In Paracetamol Versus Placebo Group"	08 Minutes
3) Dr. Kaweeta Kumari	Prevalence of hormonal disturbances in overweight women presenting with infertility.	08 Minutes
4) Prof. Asharaf Zia	Safe Anaesthesia in Obstetrics	08 Minutes
5) Prof. Aisha Siddiqa	Iron deficiency Anemia in pregnancy	08 Minutes
6) Prof. Najma Ghaffar	Determinant of Frequency of antenatal care visit amongst Pakistani Pregnant Women	08 Minutes
	Review of Session and Q&A	08 Minutes
FETAL MONITORING		4:30pm – 5:00pm
<u>Chairperson:</u> Prof. Sadiya Ahsan Pal Prof. Nusrat Shah Prof. Firdous Memon Col. Dr. Nabila Amin		<u>Moderator:</u> Dr. Fouzia Jan Dr. Khanda Gul
Speaker	Topic	Duration
1) Prof. Dr. Naheed Fatima	Role of Doppler ultrasound in prediction and monitoring of FGR.	8 Minutes
2) Dr. Zara Jamali	Neonatal Outcome in Early Versus Delayed Cord Clamping in Third Stage of Labour	8 Minutes
3) Dr. Shamila Ijaz Munir	Efficacy of Fetal Scalp Blood Sampling in Labour with Suspicious CTG	8 Minutes
4) Prof. Nusrat Shah	Cardiotocography	8 Minutes

SCIENTIFIC PROGRAM
Day-II
Saturday 4th August 2018
9:00am to 11:00am

Registration at SOGP Desk		08:30am – 9:00am	
HALL – A			
GYNAECOLOGICAL ONCOLOGY		9:00AM – 9:30AM	
<u>Chairperson:</u> Maj. Gen. Shehla Baqai Brig. Memona Mushtaq Prof. Tasneem Ashraf		<u>Moderator:</u> Dr. Shazia Saeed Dr. Safia Bibi	
Speaker	Topic	Duration	
1) Dr. Shaheen Zafar	Palliative care in gynecological cancers.	10 Minutes	
2) Prof. Rizwana Chaudhri	Cervical Cancer: A Way Forward	10 Minutes	
3) Dr. Sadia Afzal Randhawa	A Review of Gynecological Oncology Patients Seen in Sir Ganga Ram Hospital Lahore	10 Minutes	
GYNAECOLOGICAL ENDOSCOPY		9:30am – 10:30am	
<u>Chairperson:</u> Prof. Sohail Lodhi Prof. Haleema Yasmin Prof. Dr. Fareeha Farooq Prof. Uzma Sohail Asso. Prof. Dr. Farida Kakar		<u>Moderator:</u> Prof. Dr. Umer Jalil Bakhtiar Dr. Kausar Masoom	
Speaker	Topic	Duration	
1) Prof. Dr. Zohra Khanam	Safety in Gynecological Laparoscopic Surgery	10 Minutes	
2) Prof. Dr. Nasira Tasnim	Ovarian Mature Cystic Teratoma: Challenges of Laparoscopic Management.	10 Minutes	
3) Dr. Samina Saleem Dojki	Pregnancy and Laparoscopy	10 Minutes	
4) Dr. Alia Bano	Laparoscopic management of ectopic pregnancies in unusual location	10 Minutes	
5) Dr. Fouzia Anjum	Effectiveness of Using Combined Approach in Subfertility Patients (Hysteroscopy and Laparoscopy)	10 Minutes	
	Review and Q&A	10 Minutes	
PANEL DISCUSSION "Human Rights Based Approach to Improve Maternal Health"		10:30am – 11:00am	
<u>Panelists:</u> Dr. Sher shah Syed Maj. Gen. Shehla Baqai Prof. Razia Korejo Prof. Naila Ehsan Prof. Nadeem Goraya		<u>Moderator:</u> Prof. Shamsa Humayun Dr firdose magsi	
TEA BREAK 11:00AM – 11:30AM			

STATE OF THE ART LECTURES		11:30am – 12:10pm	
<u>Chairperson:</u> Prof. Sadiqua N. Jafarey, Prof. Rashid Latif Khan Prof. Pushpa Srichand, Prof. Saqib Siddique Prof. Arif Tajammul Khan, Prof. Naheed Fatima		<u>Moderator:</u> Asso. Prof Dr. Zaib Magsi Dr. Hanana Hameed	
Speaker	Topic	Duration	
1) Sir Dr. Shershah Syed	Midwifery tutors training program	08 Minutes	
2) Prof. Dr. Razia Korejo	Maternal mortality in Pakistan: challenges in scaling up priorities.	08 Minutes	
3) Prof. Dr. Rubina Sohail	Implementation of Kangaroo Mother Care in Punjab, Services Hospital Lahore	08 Minutes	
4) Prof. Arshad Chohan	Myths Surrounding Infertility	08 Minutes	
5) Prof. Naila Ehsan Chauhan	Maternal Mortality: It's Time To Wake Up	08 Minutes	
FREE PAPERS		12:10pm – 1:30pm	
<u>Chairperson:</u> Prof. Dr. Sadia Ahsan pal Prof. Dr. Nasira Tasnim Prof. Dr. Zohra khanum Dr. Yousaf Latif		<u>Moderator:</u> Dr. Raheela Asmat Dr. Sakina Kakar	
Speaker	Topic	Duration	
1) Prof. Rizwana Chaudhry	Result of Women Trial One	8 Minutes	
2) Prof. Roshan Ara Qazi	Decision making in operative vaginal delivery: when to intervene, when to Deliver and which instrument to use.	8 Minutes	
3) Prof. Sadia Ahsan	Vaccination in Pregnancy	8 Minutes	
4) Dr. Nighat Shah	Frequency and predictors of domestic violence in community midwives being trained at Khooi gooth Women Hospital		
5) Prof. Rafia Gohar Ali Baloch	Role of Ghulam Technique in Painless Child Birth	8 Minutes	
6) Prof. Sonia Naqvi	ZIKA VIRUS	8 Minutes	
7) Dr. Samina Khalid	How to safeguard over selves in Medico legal cases	8 Minutes	
8) Prof. Dr. Amjad Ali	Management of chronic and non- obstetrical pain in pregnant patients	8 Minutes	
	Review and Q&A	8 Minutes	
LUNCH BREAK 1:30PM – 2:30PM			
PANEL DISCUSSION		02:30pm – 03:00pm	
“Poor Pregnancy Outcome” or “Athraa”.			
<u>Panelists:</u> Prof. Arshad Chohan Prof. Fareed zafar Prof. Aisha Malik Prof. Haleema Yasmin Asso. Prof Yasmin Jaffer		<u>Moderator:</u> Dr. Shehla Anwar Dr. Roona Khan	

Innovation in OBGYN Surgery		3:00pm – 4:00pm
<u>Chairperson:</u> Prof. Dr. Shamsa Humayun Maj. Gen. Shehla Baqai Prof. Dr. Saba Naseem Prof. Dr. Iffat Usmani Prof. Dr. Asma Gul		<u>Moderator:</u> Associate Prof Dr. Fareeda Kakar Dr. Fahmeeda Naheed
Speaker	Topic	Duration
1) Prof. Dr. Pushpa Srichand	Role of bilateral internal artery ligation in severe postpartum haemorrhage	08 Min
2) Prof. Dr. Aziz-un-Nisa Abbasi	Ventral suspension for correction of uterine prolapsed(Audiovisual presentation)	08 Min
3) Prof. Asma Gul	Sacrohysteropexy with polypropylene mesh for management of uterovaginal prolapse in young women	08 Min
4) Prof. Nuzhat Rasheed	Sacrocolpopexy with Mesh: An over view of patients with vault prolapse	08 Min
5) Dr. Yasmeen Noman	Quadro-Cornuate Uterus	08 Min
	Review and Q&A	08 Min
OBSTETRICAL HAEMORRHAGE		4:00pm – 5:00pm
<u>Chairperson:</u> Prof. Aziz un Nisa Brig. Aisha Shahid Prof. Zahida Perveen Prof. Shabeen Naz Masood Prof. Nuzhat Rasheed		<u>Moderator:</u> Col. Sadia Arif Dr. Rakhshanda Mushtaq
Speaker	Topic	Duration
1) Prof. Pushpa Srichand	Compression sutures plus internal tamponade “ uterine sandwich” technique for Control of postpartum hemorrhage from lower uterine segment due to placenta praevia/accreta during caesarean section	08 Minutes
2) Prof. Fareeha Farooq	Management of bladder invasion in placenta percreta	08 Minutes
3) Prof. Uzma Afridi	A Retrospective Analysis of Risk Factors and Fetomaternal Outcome of Placental Abruption	08 Minutes
4) Dr. Maimoona Qadir	Emergency peripartum hysterectomy- an experience at a Tertiary Care Hospital of Mardan.	08 Minutes
5) Asso. Prof. Dr. Sumaira Hamza	To see the effectiveness of uterine compression suture in the management of atonic PPH	08 Minutes
6) Dr. Tuba Nadeem & Dr. Haleema Yasmeen	Foeto Maternal Outcome of Abruption Placentae at a Tertiary Care Hospital	08 Minutes

SCIENTIFIC PROGRAM
Day-II
Saturday 4th August 2018
9:00am to 11:00am

Registration at SOGP Desk		08:30am – 9:00am
HALL – B		
FREE PAPERS		9:00am – 10:00am
<u>Chairperson:</u> Prof. Amtullah Zareen Asso. Prof. Samina Jadoon Asso. Prof. Shamila Ijaz Asso. Prof. Shahida Husain Tarar		<u>Moderator:</u> Dr. Fouzia M. Bakhsh Dr. Rukhsana Kasi
Speaker	Topic	Duration
1) Sir Dr. Shershah Syed	First Midwives Run Maternity Hospital In Pakistan	08 Minutes
2) Prof. Naseem Saba	Puberty menorrhagia. assessment and management Background	08 Minutes
3) Prof. Dr. Shabeen Naz Masood	Caesarean section surgical techniques long term outcomes: follow-up of the CORONIS trial	08 Minutes
4) Dr. Saira Saeed	Pre-Ramadan Health Seeking Behavior, Fasting Trends, Eating Pattern and Sleep Cycle in Pregnant Women at Tertiary Care Institute	08 Minutes
5) Prof. Shabeen Naz Masood	A Randomized Comparative Trial Of Early Initiation Of Oral Maternal Feeding Versus Conventional Oral Feeding After Cesarean Delivery	08 Minutes
6) Dr. Sidrah Nausheen	Assessment of dose effectiveness of vitamin D supplementation during pregnancy A dose comparison clinical trial	08 Minutes
	Review and Q&A.	08 Minutes
FREE PAPERS		10:00AM – 10:30AM
<u>Chairperson:</u> Prof. Lubna Hassan Prof. Aftab Munir Dr. Shaheen Zafar Prof. Fareeda Wagan Prof. Aisha siddiq		<u>Moderator:</u> Asso. Prof. Dr. Samina Jadoon Dr. Zobia Bugti
Speaker	Topic	Duration
1) Prof. Tayyaba Waseem	Hurdle to achieve SDGs	08 Minute
2) Prof. Zohra Khanum & Dr. Nadeem Hassan	Chlorhexidine A Game Change in reducing Neonatal mortality in Pakistan	08 Minute
3) Dr. Asfand Sherani	Pursuing the process of MPDSR in Balochistan	08 Minute
	Review and Q&A	06 Minute
PANEL DISCUSSION "Human Rights Based Approach to Improve Maternal Health" "All will attend in Hall – A"		10:30am – 11:00am
TEA BREAK 11:00AM – 11:30AM		

STATE OF THE ART LECTURES <i>"All will attend in Hall-A"</i>		11:30pm – 12:10pm
UROGYNAE		12:10am – 01:00pm
<u>Chairperson:</u> Prof. Sadat Khan Prof. Dr. Aysha Malik Prof. Dr. Khairunisa Memon Prof. Dr. Haq Nawaz Prof. Nazli Hameed Prof. Aliya Bashir		<u>Moderator:</u> Asso. Prof. Farrukh Bashir Dr. Fahmeeda Umar
Speaker	Topic	Duration
1) Prof. Dr. Pushpa Srichand	The Medical and Psychological Morbidity of patients with Urogenital Fistulae	8 Minutes
1) Prof. Nazli Hameed	Catheter use in Gynaecological practice.	8 Minutes
2) Prof. Raheela Mohsin	Female Sexual Dysfunction in Patients with Urinary Incontinence and Luts	8 Minutes
3) Prof. Dr. Shagufta Tahir	Role of Pre-Operative Urodynamics in Urogynaecological Procedure	8 Minutes
4) Prof. Haq Nawaz	Genito urinary fistula a series of 852 cases	8 Minutes
5) Prof. Farrukh Naheed	Urinary Tract Infections in Menopausal Women	8 Minutes
6) Dr. Raheela Asmat	Prevalence of Stress Urinary incontinence during pregnancy and its effect on mode of delivery	8 Minutes
	Review and Q&A	
FREE PAPERS		1:00pm – 1:40pm
<u>Chairperson:</u> <u>Prof Naila ahsan</u> Lt. Col. Nabila Amin Asso. Prof. Shaheena Zahoor Asso. Prof. Bilqees Aslam Baloch Dr aliya bano		<u>Moderator:</u> Dr. Sadia Afzal (Lahore) Dr. Nargis Taj
Speaker	Topic	Duration
1. Brig. Memoona Mushtaq	Pessary and conservative treatment of Prolapse	08 Minutes
2. Prof. Naseem Saba	Consent the most neglected aspect of our clinical practice	08 Minutes
3. Prof. Dr. Aisha Siddiqa	Use of Tetrafollic Acid	08 Minutes
4. Asst. Prof. Dr. Rehana Kamal	Cesarean Section in Pakistan the underutilized life saver or a growing economic burden	08 Minutes
	Review and Q&A	08 Minutes
LUNCH BREAK		

PANEL DISCUSSION		02:30pm – 03:00pm	
“Poor Pregnancy Outcome” or “Athraa”. <i>“All will attend in Hall-A”</i>			
MEDICAL DISORDERS IN PREGNANCY		3.00 PM TO 4.30PM	
<u>Chairperson:</u> Prof. Sonia Naqvi Prof. Samina Khalid Prof. Naila Israr Prof. Dr. Shagufta Siyal Asso. Prof. Dr. Yasmin Jaffar Dr. Samina Saleem		<u>Moderator:</u> Dr. Arifa Inayat Dr. Rozina Khan	
Speaker	Topic	Duration	
1) Prof. Nadeem Shahzad Goraya	Diabetes in pregnancy Time to re-evaluate the problem from preconception to postnatal period	09 Minutes	
2) Prof. Amtullah Zareen	Burden of Heart Disease in Pregnancy	09 Minutes	
3) Lt. Col. Nabila Amin	The frequency of gestational diabetes mellitus in patients with raised serum uric acid level in first trimester of pregnancy	09 Minutes	
4) Dr. Nusrat Lakho	How Reliable Is Dipsi Method for Blood Glucose Screening In Pregnancy	09 Minutes	
5) Dr. Zenab Channa	Reliability of capillary blood glucose (CBG) for screening of Diabetes in pregnancy in resource strapped setting	09 Minutes	
6) Dr. Faraz Bakht	Maternal Hypertension-a major issue	09 Minutes	
7) Dr. Azra Jamil	A study of post-natal depression in a tertiary care obstetric unit	09 Minutes	
8) Dr. Naeema Shah	Association of PIH with obesity	09 Minutes	
9) Asso. Prof. Dr. Jalal ud Din	Cardiac Disease in Pregnancy	09 Minutes	
SOGP Session Recurrent Miscarriages		4:30PM – 5:00PM	
<u>Panelist</u> Prof. Dr. Fareed Al Zafar Prof. Dr. Haleema Yasmeen Prof. Dr. Sadia Ahsan Pal Prof. Dr. Razia Korejo Prof. Dr. Sonia Naqvi Prof. Dr. Aisha Siddiqa Prof. Dr. Tayyaba Waseem		<u>Moderator:</u>	
GALA Dinner on Saturday, 8:00PM at Quetta Serena Hotel			