



COVID 19 AND PREGNANCY

Advice for health professionals to share with pregnant women

GENERAL ADVICE

Pregnant women with exposure or contact with covid positive patient are advised :

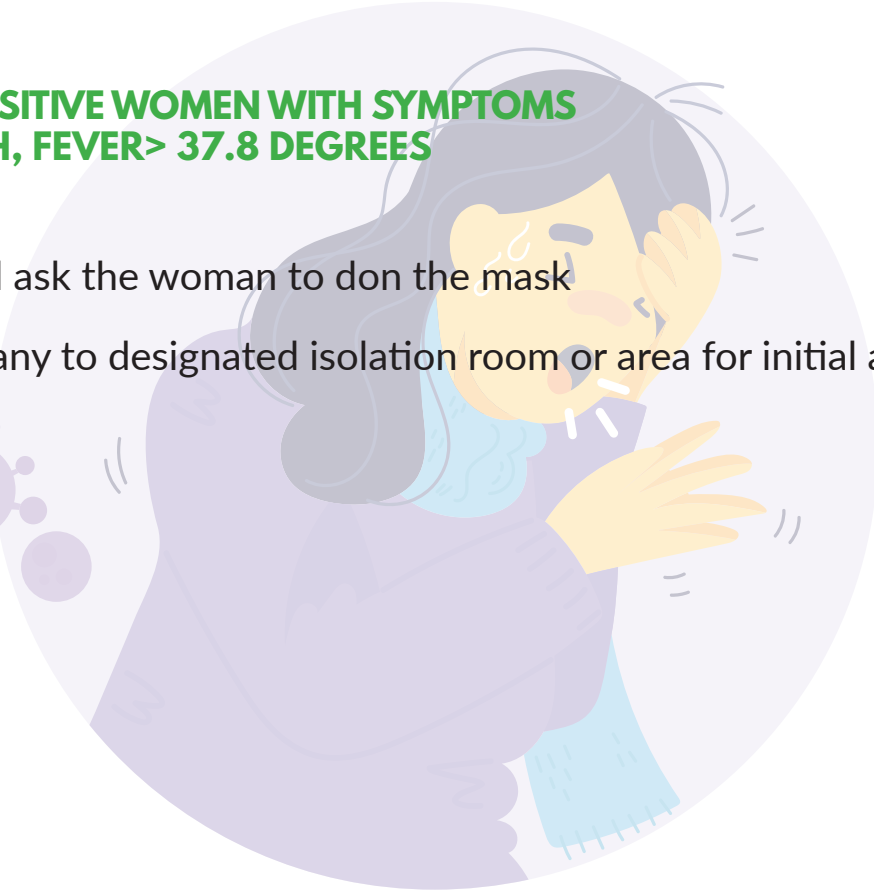
- To self-isolate
- Dont visit emergency services and hospitals.
- Not to visit schools and public places
- Not use public transport
- Stay at home and not allow visitors
- Ensure proper ventilation of rooms
- Separate themselves from family members as far as possible and use their own bed linen,utensils and bathrooms
- They can continue with their ante natal appoinments after 14 day self isolation if without symptoms
- If need arises wear a mask and then contact emergency services .



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COVID POSITIVE WOMEN WITH SYMPTOMS OF COUGH, FEVER > 37.8 DEGREES

- Give and ask the woman to don the mask
- Accompany to designated isolation room or area for initial assessment
- Use PPE





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IF WOMAN IS IN LABOUR /EMERGENCY OBSTETRIC ISSUE:

- Alert consultant on call, staff and hospital administration
- Don PPE
- Designate an isolation area for the woman
- If labour is ensued then designate an isolated area for labour to proceed
- Test for covid /treat as if patient is positive till results arrive
- No requirement of em LSCS due to covid positive status



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IF THERE IS NO EMERGENT ISSUE/WOMAN NOT IN LABOUR

- Ask to self isolate for 7 days at home
- Alternately the woman can be designated to an isolation area ascertained by hospital administration
- Reschedule any other appointment after 7 14 days.