

Dear colleagues,

Dow Medical College and SOGP in collaboration with Jhpiego-an affiliate of Johns Hopkins University are pleased to announce a half day awareness seminar to commemorate the "World Contraception Day" on 28 September 2018.

Theme of the program is "It's your life, it's your responsibility..."

The day's mission is to improve awareness of all contraceptive methods available and enable young people to make informed choices on their sexual and reproductive health

The program details are:

Date: Friday, 28 Sep, 2018

Time: 10 am to 12.30 pm

Venue: Main Auditorium, Dow Medical College, Karachi

**CELEBRATING WORLD CONTRACEPTION DAY 2018**  
**Workshop on**  
**“Evidence Based WHO Standards for Contraception”**  
**Organized by OBGYN dept in collaboration with AMAN & SOGP**  
**Wednesday 26<sup>th</sup> Sept 2018**  
**9 am- 12:30 pm**  
**Memon Hospital Karachi**

All Participants will be given WHO Medical Eligibility Criteria (MEC ) Wheel, which is a tool for evidence based prescription of Modern Contraceptives

CME Credits: 2

**AGENDA**

Time	Topic	Facilitator
8:30 am	Registration	
9:00	Icebreaker/ Energizer : Cross the Line	
9:30	Pakistan Population and family Planning	Dr Azra Ahsan
10:00	New Contraceptive Methods Evidence Based guidelines on Prescribing Modern Contraceptives	Dr Sadiyah A Pal
11:00	Postpartum, Post Abortion and Emergency Contraception	Dr Nasrin Majid
11:30	How to use the WHO MEC Wheel Counseling Practice with Case studies (small groups)	Dr Sadiyah A Pal Dr Farrukh Nahid All Facilitators
12:30 pm	Discussion & Certificate distribution	Dr Shahida Zaidi Dr Razia Korejo
	Tribute to Prof Qamar Shah	